

74 Maniilaq Service Area Residents Test Positive for COVID-19

November 19, 2021, 12:30 pm – **Two Point Hope** residents tested positive for COVID-19 on November 14, 2021 in Point Hope. The individuals have mild symptoms and are linked to a known positive COVID-19 case. They are in isolation in Point Hope.

Eight Kotzebue residents tested positive for COVID-19 on November 15, 2021 in Kotzebue. The individuals have mild symptoms and are linked to a known positive COVID-19 case and community spread. They are in isolation in Kotzebue.

Five Noatak residents tested positive for COVID-19 on November 15, 2021 in Noatak. The individuals have mild symptoms and are linked to a known positive COVID-19 case. They are in isolation in Noatak.

A Selawik resident tested positive for COVID-19 on November 15, 2021 in Selawik. The individual has mild symptoms and is linked to a known positive COVID-19 case. They are in isolation in Selawik.

Thirteen Kiana residents tested positive for COVID-19 on November 15, 2021 in Kiana. The individuals have mild symptoms and are linked to a known positive COVID-19 case. They are in isolation in Kiana.

A Noorvik resident tested positive for COVID-19 on November 15, 2021 in Noorvik. The individual has mild symptoms and is linked to a known positive COVID-19 case. They are in isolation in Noorvik.

A Noatak resident tested positive for COVID-19 on November 15, 2021 in Kotzebue. The individual has mild symptoms and is not linked to a known positive COVID-19 case. They are in isolation in Kotzebue.

Fifteen Kotzebue residents tested positive for COVID-19 on November 16, 2021 in Kotzebue. The individuals have mild symptoms and are linked to a known positive COVID-19 case and community spread. They are in isolation in Kotzebue.

A Point Hope resident tested positive for COVID-19 on November 16, 2021 in Point Hope. The individual has mild symptoms and is linked to a known positive COVID-19 case. They are in isolation in Point Hope.

Two Noatak residents tested positive for COVID-19 on November 16, 2021 in Noatak. The individuals have mild symptoms and are linked to a known positive COVID-19 case. They are in isolation in Noatak.

Two Kiana residents tested positive for COVID-19 on November 16, 2021 in Kiana. The individuals have mild symptoms and are linked to a known positive COVID-19 case. They are in isolation in Kiana.

A Noatak resident tested positive for COVID-19 on November 16, 2021 in Kotzebue. The individual has mild symptoms and is not linked to a known positive COVID-19 case. They are in isolation in Kotzebue.

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Kotzebue Qikiqtagruk, Ambler Ivisaappaat, Buckland Nunatchiaq, Deering Ipnatchiaq, Kiana Katyaak, Kivalina Kivaliniq, Kobuk Laugviik, Noatak Nautaaq, Noorvik Nuurvik, Point Hope Tikigaq, Selawik Akuligaq, Shungnak Isinnaq **A Point Hope** resident tested positive for COVID-19 on November 17, 2021 in Anchorage. The individual has mild symptoms and is not linked to a known positive COVID-19 case. They are in isolation in Anchorage.

Six Kotzebue residents tested positive for COVID-19 on November 17, 2021 in Kotzebue. The individuals have mild symptoms and are linked to a known positive COVID-19 case. They are in isolation in Kotzebue.

Four Kiana residents tested positive for COVID-19 on November 17, 2021 in Kiana. The individuals have mild symptoms and are linked to community spread. They are in isolation in Kiana.

Five Kiana residents tested positive for COVID-19 on November 18, 2021 in Kiana. The individuals have mild symptoms and are linked to a known positive COVID-19 case. They are in isolation in Kiana.

A Noorvik resident tested positive for COVID-19 on November 18, 2021 in Noorvik. The individual has mild symptoms and is linked to a known positive COVID-19 case. They are in isolation in Noorvik.

Four Kotzebue residents tested positive for COVID-19 on November 18, 2021 in Kotzebue. The individuals have mild symptoms and are linked to a known positive COVID-19 case and community spread. They are in isolation in Kotzebue.

A Buckland resident tested positive for COVID-19 on November 18, 2021 in Kotzebue. The individual has mild symptoms and is not linked to a known positive COVID-19 case. They are in isolation in Kotzebue.

While some communities throughout the Maniilaq service area may not have *known* active positive COVID-19 cases currently, it is important to continue to stay vigilant and follow recommended preventative measures.

We need your help in keeping the case count low. We all play a part in keeping our loved ones safe. **The power of simple tools such as getting vaccinated, social distancing, avoiding gatherings, wearing a mask and hand washing make a difference.**

Maniilaq Public Health Nursing is working with the State to conduct contact tracing and will reach out to anyone who may have come into significant contact with these cases. If residents believe they have been exposed to COVID-19 and develop a fever and symptoms, such as a dry cough or difficulty breathing, call your healthcare provider for medical advice or call Maniilaq's COVID-19 Hotline at 833-442-7015. The following symptoms may appear 2-14 days after exposure:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle pain or body aches

- Headache
- Sore throat
- New loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Please follow the health mandates put in place by your community. It is important you are not actively out in the community during the quarantine period put in place by your community.

For the latest COVID-19 information, visit our website at <u>www.maniilaq.org/covid-19</u>.