Press Release

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32 Maniilaq Service Area Residents and 2 Non-Residents Test Positive for COVID-19

October 26, 2021, 8:30 am – **Eight Kotzebue** residents tested positive for COVID-19 on October 22nd in Kotzebue. The individuals have mild symptoms and are linked to a known positive COVID-19 case. They are in isolation in Kotzebue.

Two Point Hope residents tested positive for COVID-19 on October 22^{nd} in Point Hope. The individuals have mild symptoms and are linked to a known positive COVID-19 case. They are in isolation in Point Hope.

A Selawik resident tested positive for COVID-19 on October 22^{nd} in Selawik. The individual has mild symptoms and is linked to a known positive COVID-19 case. They are in isolation in Selawik.

Two Noorvik residents tested positive for COVID-19 on October 22nd in Noorvik. The individuals have mild symptoms and are linked to a known positive COVID-19 case. They are in isolation in Noorvik.

An Ambler resident tested positive for COVID-19 on October 22nd in Kotzebue. The individual has mild symptoms and is not linked to a known positive COVID-19 case. They are in isolation in Kotzebue. Departed community a day prior

Eight Buckland residents tested positive for COVID-19 on October 22nd in Buckland. The individuals have mild symptoms and are linked to community spread. They are in isolation in Buckland.

A Point Hope resident tested positive for COVID-19 on October $23^{\rm rd}$ in Kotzebue. The individual is asymptomatic and is not linked to a known positive COVID-19 case. They are in isolation in Kotzebue. Departed community a week prior.

Three Kotzebue residents tested positive for COVID-19 on October 23rd in Kotzebue. The individuals have mild symptoms and are linked to community spread. They are in isolation in Kotzebue.

A non-resident tested positive for COVID-19 on October 23rd in Kotzebue. The individual has mild symptoms and is not linked to a known positive COVID-19 case. They are in isolation in Kotzebue.

Two Kiana residents tested positive for COVID-19 on October 23rd in Kotzebue. The individuals have mild symptoms and are not linked to a known positive COVID-19 case. They are in isolation in Kotzebue. Departed region a week prior.

Four Kotzebue residents tested positive for COVID-19 on October 24^{th} in Kotzebue. The individuals have mild symptoms and are linked to community spread. They are in isolation in Kotzebue.

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A non-resident tested positive for COVID-19 on October 24th in Kotzebue. The individual has mild symptoms and is not linked to a known positive COVID-19 case. They are in isolation in Kotzebue.

While some communities throughout the Maniilaq service area may not have *known* active positive COVID-19 cases currently, it is important to continue to stay vigilant and follow recommended preventative measures.

We need your help in keeping the case count low. We all play a part in keeping our loved ones safe. **The power of simple tools such as getting vaccinated, social distancing, avoiding gatherings, wearing a mask and hand washing make a difference.**

Maniilaq Public Health Nursing is working with the State to conduct contact tracing and will reach out to anyone who may have come into significant contact with these cases. If residents believe they have been exposed to COVID-19 and develop a fever and symptoms, such as a dry cough or difficulty breathing, call your healthcare provider for medical advice or call Maniilaq's COVID-19 Hotline at 833-442-7015. The following symptoms may appear 2-14 days after exposure:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle pain or body aches

- Headache
- Sore throat
- New loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Please follow the health mandates put in place by your community. It is important you are not actively out in the community during the quarantine period put in place by your community.

For the latest COVID-19 information, visit our website at www.maniilaq.org/covid-19.