Press Release

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Ninety-One Maniilaq Service Area Residents Test Positive for COVID-19

September 23, 2021, 9:00 am – A **Kotzebue** resident tested positive for COVID-19 on September 18th in Anchorage. The individual has mild symptoms and is not linked to a known positive COVID-19 case. They are in isolation in Anchorage and had been out of the region for over two weeks.

A **Selawik** resident tested positive for COVID-19 on September 19th in Kotzebue. The individual is asymptomatic and is not linked to a known positive COVID-19 case. They are in isolation in Kotzebue and had departed their home community the day before.

Seven Selawik residents tested positive for COVID-19 on September 19th in Selawik. The individuals have mild symptoms and are linked to a known positive COVID-19 case. They are in isolation in Selawik.

A **Kotzebue** resident tested positive for COVID-19 on September 19th in Kotzebue. The individual has mild symptoms and is linked to a known positive COVID-19 case. They are in isolation in Kotzebue.

Seven Noorvik residents tested positive for COVID-19 on September 20th in Noorvik. The individuals have mild symptoms and are linked to a known positive COVID-19 case. They are in isolation in Noorvik.

Six Selawik residents tested positive for COVID-19 on September 20th in Selawik. The individuals have mild symptoms and are linked to a known positive COVID-19 case. They are in isolation in Selawik.

Ten Point Hope residents tested positive for COVID-19 on September 20^{th} in Point Hope. The individuals have mild symptoms and are linked to community spread. They are in isolation in Point Hope.

Four Noatak residents tested positive for COVID-19 on September 20th in Noatak. The individuals have mild symptoms and are linked to a known positive COVID-19 case. They are in isolation in Noatak.

Five Kotzebue residents tested positive for COVID-19 on September 20th in Kotzebue. Four have mild symptoms are linked to a known positive COVID-19 case. One is asymptomatic and is related to travel. They are in isolation in Kotzebue.

Eighteen Noorvik residents tested positive for COVID-19 on September 21st in Noorvik. The individuals have mild symptoms and are linked to a known positive COVID-19 case. They are in isolation in Noorvik.

Twenty-three Selawik residents tested positive for COVID-19 on September 21st in Selawik. The individuals have mild symptoms and are linked to a known positive COVID-19 case. They are in isolation in Selawik.

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Six Point Hope residents tested positive for COVID-19 on September 21st in Point Hope. The individuals have mild symptoms and are linked to a known positive COVID-19 case. They are in isolation in Point Hope.

Two Kotzebue residents tested positive for COVID-19 on September 21st in Kotzebue. The individuals have mild symptoms and are not linked to a known positive COVID-19 case. They are in isolation in Kotzebue.

While some communities throughout the Maniilaq service area may not have *known* active positive COVID-19 cases currently, it is important to continue to stay vigilant and follow recommended preventative measures.

We need your help in slowing the spread. We all play a part in keeping our loved ones safe. **The power of simple tools such as getting vaccinated, social distancing, avoiding gatherings, wearing a mask and hand washing make a difference.**

Maniilaq Public Health Nursing is working with the State to conduct contact tracing and will reach out to anyone who may have come into significant contact with these cases. If residents believe they have been exposed to COVID-19 and develop a fever and symptoms, such as a dry cough or difficulty breathing, call your healthcare provider for medical advice or call Maniilaq's COVID-19 Hotline at 833-442-7015. The following symptoms may appear 2-14 days after exposure:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle pain or body aches

- Headache
- Sore throat
- New loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Please follow the health mandates put in place by your community. It is important you are not actively out in the community during the quarantine period put in place by your community.