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27 Individuals Test Positive for COVID-19

January 14, 2021, 11:00 am – A non-resident tested positive for COVID-19 on January 5th in Kotzebue. The individual is asymptomatic and is not linked to a known positive COVID-19 case. They are in isolation in Kotzebue.

A Shungnak resident tested positive for COVID-19 on January 5th in Anchorage. The individual is asymptomatic and is not linked to a known positive COVID-19 case. They are in isolation in Shungnak. Results from the positive test were not available until the individual returned to the region. They had been out of the region for approximately two weeks before testing positive.

Two Kotzebue residents tested positive for COVID-19 on January 5th and 10th in Kotzebue. The individuals have mild symptoms and are linked to known positive COVID-19 cases. They are in isolation in Kotzebue.

A Kotzebue resident tested positive for COVID-19 on January 7th in Kotzebue. The individual is asymptomatic and is not linked to a known positive COVID-19 case. They are in isolation in Kotzebue. They had been out of the region for approximately two weeks before testing positive.

A Buckland resident tested positive for COVID-19 on January 7th in Kotzebue. The individual has mild symptoms and is linked to a known positive COVID-19 case. They are in isolation in Kotzebue. They had been out of the region for approximately two weeks before testing positive.

Two Noorvik residents tested positive for COVID-19 on January 8th in Kotzebue. The individuals have mild symptoms and are not linked to known positive COVID-19 cases. They are in isolation in Kotzebue. They had been out of the region for approximately two weeks before testing positive.

A Noorvik resident tested positive for COVID-19 on January 8th in Kotzebue. The individual is asymptomatic and is not linked to a known positive COVID-19 case. They are in isolation in Kotzebue.

Three Selawik residents tested positive for COVID-19 on January 9th in Anchorage. The individuals are asymptomatic and are not linked to a known positive COVID-19 case. They are in isolation in Anchorage. They had been out of the region for over two weeks before testing positive.

Five Kivalina residents tested positive for COVID-19 on January 7th (1 resident), 8th (2 residents), and 9th (2 residents) in Kivalina. The individuals have mild symptoms and are linked to known positive COVID-19 cases. They are in isolation in Kivalina.

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Kotzebue Qikiqtagruk, Ambler Ivisaappaat, Buckland Nunatchiaq, Deering Ipnatchiaq, Kiana Katyaak, Kivalina Kivaliniq, Kobuk Laugviik, Noatak Nautaaq, Noorvik Nuurvik, Point Hope Tikigaq, Selawik Akuligaq, Shungnak Isinnaq A Selawik resident tested positive for COVID-19 on January 9th in Selawik. The individual is asymptomatic and is not linked to a known positive COVID-19 case. They are in isolation in Selawik.

Two Kobuk residents tested positive for COVID-19 on January 10th in Anchorage. The individuals have mild symptoms and are not linked to known positive COVID-19 cases. They are in isolation in Anchorage. They had been out of the region for over two weeks before testing positive.

Six Kivalina residents tested positive for COVID-19 on January 10th (1 resident), 11th (3 residents), and 12th (2 residents) in Kivalina. The individuals have mild symptoms and are linked to known positive COVID-19 cases. They are in isolation in Kivalina.

A non-resident tested positive for COVID-19 on January 11th in Kotzebue. The individual is asymptomatic and is not linked to a known positive COVID-19 case. They are in isolation in Kotzebue.

While some communities throughout the Maniilaq service area may not have *known* active positive COVID-19 cases currently, it is important to continue to stay vigilant and follow recommended preventative measures.

We need your help in slowing the spread. We all play a part in keeping our loved ones safe. The power of simple tools such as social distancing, avoiding gatherings, wearing a mask and hand washing make a difference.

Maniilaq Public Health Nursing is working with the State to conduct contact tracing and will reach out to anyone who may have come into significant contact with these cases. If residents believe they have been exposed to COVID-19 and develop a fever and symptoms, such as a dry cough or difficulty breathing, call your healthcare provider for medical advice or call Maniilaq's COVID-19 Hotline at 833-442-7015. The following symptoms may appear 2-14 days after exposure:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle pain or body aches

- Headache
- Sore throat
- New loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Please follow the health mandates put in place by your community. It is important you are not actively out in the community during the quarantine period put in place by your community.

For the latest COVID-19 information, visit our website at www.maniilaq.org/covid-19.