## **Press Release**

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## Three NWAB Residents and One Non-Resident Test Positive for COVID-19

December 23, 2020, 4:30pm – A Kotzebue resident tested positive for COVID-19 on December  $18^{\rm th}$  in Kotzebue. The individual has mild symptoms, and not linked to known + COVID-19 case. They are in isolation at Kotzebue.

A Selawik resident tested positive for COVID-19 on December 15<sup>th</sup> in Selawik. The individual is asymptomatic and not linked to known positive COVID-19 cases. They are in isolation in Selawik.

A Noatak resident tested positive for COVID-19 on December 18th in Anchorage. The individual is asymptomatic, and is not linked to known positive COVID-19 case. They are in isolation in Anchorage.

A nonresident tested positive for COVID-19 on December 23<sup>rd</sup> in Kotzebue. The individual is asymptomatic, and is not linked to known positive COVID-19 case. They are in isolation in Kotzebue.

Maniilaq Public Health Nursing is working with the State to conduct contact tracing and will reach out to anyone who may have come into significant contact with these cases. If residents believe they have been exposed to COVID-19 and develop a fever and symptoms, such as a dry cough or difficulty breathing, call your healthcare provider for medical advice or call Maniilaq's COVID-19 Hotline at 833-442-7015. The following symptoms may appear 2-14 days after exposure:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle pain or body aches
- Headache

- Sore throat
- New loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

It is essential to self-quarantine until test results are received once you arrive in Kotzebue. It can take up to a week before your COVID-19 results are available, and its important you are not actively out in the community during that time.

For the latest COVID-19 information, visit our website at www.maniilaq.org/covid-19.

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