

## Press Release

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### Five Northwest Arctic Borough Residents Test Positive for COVID-19

October 10, 2020, 1:00 pm – Three Buckland residents tested positive for COVID-19 on October 1<sup>st</sup>, 2<sup>nd</sup> and 5<sup>th</sup> in Buckland. All three individuals are linked to a previous COVID-19 case. They are asymptomatic and in isolation in Buckland.

A Kotzebue resident tested positive for COVID-19 on October 6<sup>th</sup> in Anchorage. The individual has not been in the region since October 3<sup>rd</sup>. They are asymptomatic and in isolation in Anchorage.

A Kotzebue resident tested positive for COVID-19 on October 9<sup>th</sup> in Kotzebue. The individual is not linked to a known positive case. They are symptomatic and in isolation in Kotzebue

Maniilaq Public Health Nursing is working with the State to conduct contact tracing and will reach out to anyone who may have come into significant contact with these cases. If residents believe they have been exposed to COVID-19 and develop a fever and symptoms, such as a dry cough or difficulty breathing, call your healthcare provider for medical advice or call Maniilaq's COVID-19 Hotline at 833-442-7015. The following symptoms may appear 2-14 days after exposure:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle pain or body aches
- Headache
- Sore throat
- New loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

**It is essential to self-quarantine until test results are received once you arrive in Kotzebue.** It can take up to a week before your COVID-19 results are available, and its important you are not actively out in the community during that time.

For the latest COVID-19 information, visit our website at [www.maniilaq.org/covid-19](http://www.maniilaq.org/covid-19).

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Kotzebue Qikiqtaruk, Ambler Ivisaappaat, Buckland Nunatchiaq, Deering Ipnatchiaq, Kiana Katyaak, Kivalina Kivaliniq, Kobuk Laugviik, Noatak Nautaaq, Noorvik Nuurvik, Point Hope Tikigaq, Selawik Akuligaq, Shungnak Isinnaq