## **Press Release**

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## Three NWAB Residents Test Positive for COVID-19

August 6, 2020, 8:00pm - Three NWAB residents have tested positive for COVID-19.

A Selawik resident tested positive for COVID-19 in Anchorage on August  $4^{th}$ . The individual is a close contact of a previous case in the NWAB but remains in Anchorage.

Two Kotzebue residents tested positive for COVID-19 in Kotzebue on August 6<sup>th</sup>. These cases are unrelated to travel and are close contacts of a previous COVID-19 case. One individual is asymptomatic and the other is experiencing symptoms. Both cases were already self-isolating before their positive test.

Maniilaq Public Health Nursing is working with the State to conduct contact tracing and reaching out to anyone who may have come into significant contact with these cases. Maniilaq encourages residents to practice social distancing, wash your hands frequently, avoid large gatherings, clean frequently touched surfaces daily, and wear masks in public spaces. It is recommended that residents avoid non-essential travel, including inter-village travel.

If residents believe they have been exposed to COVID-19 and develop a fever and symptoms, such as a dry cough or difficulty breathing, call your healthcare provider for medical advice or call Maniilaq's COVID-19 Hotline at 833-442-7015. The following symptoms may appear 2-14 days after exposure:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle pain or body aches

- Headache
- Sore throat
- New loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

For the latest COVID-19 information visit our website at <a href="https://www.maniilag.org/covid-19">www.maniilag.org/covid-19</a>