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## Non-Resident\* Tests Positive for COVID-19 in Kotzebue

August 1, 2020, 6:30pm – A non-resident has tested positive for COVID-19 upon arrival into Kotzebue yesterday, July 31<sup>st</sup>. The individual had intended to travel on to a Maniilaq service area village but is now in quarantine in Kotzebue. Maniilaq Public Health Nursing is working with the State to conduct contact tracing and reaching out to anyone who may have come into significant contact with this case.

Maniilaq encourages residents to practice social distancing, wash your hands frequently, avoid large gatherings, clean frequently touched surfaces daily, and wear masks in public spaces. It is recommended that residents avoid non-essential travel, including inter-village travel.

If residents believe they have been exposed to COVID-19 and develop a fever and symptoms, such as a dry cough or difficulty breathing, call your healthcare provider for medical advice or call Maniilaq's COVID-19 Hotline at 833-442-7015. The following symptoms may appear 2-14 days after exposure:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle pain or body aches

- Headache
- Sore throat
- New loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

For the latest COVID-19 information visit our website at <u>www.maniilaq.org/covid-19</u>

\*The individual is not a resident of the NWAB but is an Alaska resident. The State of Alaska will count this case towards another community in the State.

Kotzebue Qikiqtagruk, Ambler Ivisaappaat, Buckland Nunatchiaq, Deering Ipnatchiaq, Kiana Katyaak, Kivalina Kivaliniq, Kobuk Laugviik, Noatak Nautaaq, Noorvik Nuurvik, Point Hope Tikigaq, Selawik Akuligaq, Shungnak Isinnaq