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Possible COVID-19 Exposure in Selawik

July 11, 2020 – An individual who recently traveled to Selawik has tested positive for COVID-19 in Anchorage. The individual was tested in Kotzebue and received a negative test result before continuing on to Selawik on June 30th. They returned to Anchorage on July 2nd and tested positive in Anchorage July 8th. It is possible that people in Selawik were exposed during that brief window of time. Maniilaq Health Center is contacting all known people who were in contact with the person in the village and are offering COVID-19 testing. More details will be made available as contact tracing is completed and additional testing has been conducted.

Maniilaq encourages residents to practice social distancing, wash hands frequently, avoid large gatherings, and wear masks in public spaces. It is recommended that residents avoid non-essential travel, including inter-village travel.

If you have traveled to Selawik after June 30th we recommend avoiding contact with individuals who could be vulnerable to COVID-19, monitoring for symptoms, and checking your temperature twice a day for two weeks.

If you think you have been exposed to COVID-19 and develop a fever and symptoms, such as a dry cough or difficulty breathing, call your healthcare provider for medical advice or call Maniilaq's COVID-19 Hotline at 833-442-7015. The following symptoms may appear 2-14 days after exposure:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle pain or body aches

- Headache
- Sore throat
- New loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

For the latest COVID-19 information visit our website at <u>www.maniilaq.org/covid-19</u>

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Kotzebue Qikiqtagruk, Ambler Ivisaappaat, Buckland Nunatchiaq, Deering Ipnatchiaq, Kiana Katyaak, Kivalina Kivaliniq, Kobuk Laugviik, Noatak Nautaaq, Noorvik Nuurvik, Point Hope Tikigaq, Selawik Akuligaq, Shungnak Isinnaq