



## Press Release

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### Kotzebue Resident Tests Positive for COVID-19 After Recent Travel

July 20, 2020 – A Kotzebue resident received a positive result on a COVID-19 test at the Maniilaq Health Center (MHC) Emergency Room on July 19, 2020. The individual received a negative result on July 10<sup>th</sup> after returning from an Anchorage trip. The person is asymptomatic (no symptoms) and is currently in strict quarantine. Maniilaq Public Health Nursing is in the process of contacting everyone the individual came into contact with per contact tracing protocol. The individual will continue to be quarantined, monitored for symptoms and retested per Maniilaq's policies & procedures.

Because the individual was in the community for over a week before testing positive, we strongly recommend everyone who they may have been in contact with be tested at the COVID-19 Testing Tent outside of Maniilaq Health Center. The COVID-19 Testing Tent is open Monday – Friday from 8:30am-6:00pm.

Maniilaq encourages residents to practice social distancing, wash your hands frequently, avoid large gatherings, and wear masks in public spaces. It is recommended that residents avoid non-essential travel, including inter-village travel.

If you think you have been exposed to COVID-19 and develop a fever and symptoms, such as a dry cough or difficulty breathing, call your healthcare provider for medical advice or call Maniilaq's COVID-19 Hotline at 833-442-7015. The following symptoms may appear 2-14 days after exposure:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle pain or body aches
- Headache
- Sore throat
- New loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

For the latest COVID-19 information visit our website at [www.maniilaq.org/covid-19](http://www.maniilaq.org/covid-19)

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Kotzebue Qikiqtagruk, Ambler Ivisaappaat, Buckland Nunatchiaq, Deering Ipnatchiaq, Kiana Katyaak, Kivalina Kivaliniq, Kobuk Laugviik, Noatak Nautaaq, Noorvik Nuurvik, Point Hope Tikigaq, Selawik Akuligaq, Shungnak Isinnaq