

## Press Release

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### Northwest Arctic Borough Resident Tests Positive for COVID-19 While Out of Region

July 1, 2020 – The State of Alaska has notified Maniilaq Health Center that a resident of the Northwest Arctic Borough (NWAB) has tested positive for COVID-19. The individual tested positive in Anchorage and has not been present in the NWAB for the last 30 days; contact tracing has revealed the individual was not present in the NWAB during the time they would be considered infectious. While the individual has not been present in region, it will be reported as our 5<sup>th</sup> case due to the individual’s permanent residence per State reporting protocols.

Maniilaq encourages residents to practice social distancing, wash your hands frequently, avoid large gatherings, and wear masks in public spaces. It is recommended that residents avoid non-essential travel, however when travel is deemed necessary we ask travelers be tested before arriving in Kotzebue or to test upon arrival at the Kotzebue airport.

If you think you have been exposed to COVID-19 and develop a fever and symptoms, such as a dry cough or difficulty breathing, call your healthcare provider for medical advice or call Maniilaq’s COVID-19 Hotline at 833-442-7015. The following symptoms may appear 2-14 days after exposure:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle pain or body aches
- Headache
- Sore throat
- New loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

For the latest COVID-19 information visit our website at [www.maniilaq.org/covid-19](http://www.maniilaq.org/covid-19)

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Kotzebue Qikiqtaruk, Ambler Ivisaappaat, Buckland Nunatchiaq, Deering Ipnatchiaq, Kiana Katyaak, Kivalina Kivaliniq, Kobuk Laugviik, Noatak Nautaaq, Noorvik Nuurvik, Point Hope Tikigaaq, Selawik Akuligaaq, Shungnak Isinnaq